

Our priority at New England Disabled Sports is to keep our participants and volunteers safe and having fun. In order to maintain the highest level of safety for our participants we require the following in order to participate in our programs:

- Must have a permanent disabling condition.
- Weigh less than 200lbs if using sit down equipment
- Are able to actively participate and understand that they are engaging in the specific sport lesson and/or clinic.
- Will have a parent and/or guardian who can provide supervision during non-lesson times.
- Will have a parent and/or guardian who can provide supervision, if needed, to use bathroom facilities during scheduled lesson times.
- Will have a parent/guardian available to administer all necessary medications that are scheduled to be taken during lesson times.
- If the participant is on medication to control a seizure disorder, the individual must wear a seizure belt while participating., A parent/guardian or trained caretaker must accompany the individual on the lesson, if medication needs to be administered in the event of a seizure while on a lesson.
- Will be able to breathe independently and can participate in the lesson without the use of oxygen.
- Will be able to provide a physicians' note, if deemed necessary by the New England Disabled Sports staff.
- Will be able to to independently turn from face down to face up in water, while wearing a personal flotation device, if participating in our paddling programs.
- Will be able to independently maintain sealed airway passages while under water.
- Will be able to independently hold head upright without neck/head support.

Based on the unique nature of each participant, New England Disabled Sports and its' host mountains may adopt appropriate policies and procedures in order to allow participation.

The nature of the environment that our programs are held in is remote. Individuals and families must be comfortable with being out of direct contact with medical personnel while engaging in lessons.

Any recommendations for equipment needs or wants will be considered based on the participants' disability and safety. In the interest of safety, New England Disabled Sports staff reserves the right to make the decision on the appropriate equipment for each participant.

**THROUGH SPORTS... CHANGING LIVES AFFECTED BY DISABILITIES**