

# 2021 Summer Season Student-Athlete FAQ's

# What are some of the examples NEDS has taken during COVID-19 to reduce its spread?

- NEDS has developed a 2020-2021 Operation Plans During Covid-19, which is available <u>HERE</u>.
- NEDS has acquired a physician consultant with a specialty in infectious diseases who has reviewed the above plan and is available for further advice during the season.
- All student-athletes, caregivers (as applicable), coaches and staff must complete a Google Doc health screen prior to coming to the mountain.
  Under <u>no circumstances</u> will anyone who has responded yes to a symptom be allowed onsite.
- No more than ten individuals, including staff and coaches, will be allowed in the Harney Center and no more than two individuals will be allowed at the NEDS Bretton Woods office at a given time.
- All student-athletes, caregivers (as applicable), staff and volunteers must always wear a mask covering the mouth and nose. A neck-up, bandana or fleece neck gaiter is not an acceptable mask covering for purposes of COVID-19. Exception: Masks should not be worn while on water and actively participating in any NEDS water sport.
- Student athletes must be able to wear a mask when six-foot physical distancing cannot be maintained that covers the mouth and nose.
- To the extent possible, physical distancing of at least six feet must always be maintained. (There are times, of course, when this will not be possible, as helping a student-athlete who has fallen.)

 NEDS is following operational and disinfecting protocols of the Center for Disease Control (CDC), State of NH, Loon Mountain and Bretton Woods that is outlined in the New England Disabled Sports (NEDS) 2020-2021 Operational Plans During COVID-19.

# Should I consider my personal risk when making a decision to participate in NEDS winter sports this year or not?

Yes. It may be helpful to discuss your risks with your healthcare provider.

#### How will NEDS operate during the 2021 summer season?

NEDS will be operating at a limited capacity based on equipment and volunteer availability and sanitizing procedures. Lesson reservations will be first come, first served basis. NEDS commits to following the guidelines of the Center for Disease Control (CDC), State of NH, Owl's Nest, Omni Mount Washington Resort, Loon Mountain and Bretton Woods.

#### What types of lessons will NEDS be offering?

NEDS will be offering diversified lessons that meet the <u>NEDS Student-Athlete</u> <u>Essential Eligibility Criteria.</u> For the 2021 summer, NEDS will be offering cycling, paddling and golfing.

# Can parents, guardians, caregivers, etc. participate in summer programming?

Parents, guardians and caregivers will be able to participate in summer programming if all scheduled student-athletes can be accommodated and equipment allows. Parents, guardians and caregivers will be expected to complete a daily health questionnaire and temperature check upon arrival prior to participating in a NEDS sport.

#### When will lesson reservations open for NEDS?

Please call our office to schedule lessons starting Monday, April 26th during the regular business hours of Monday - Friday from 8:30 am - 4:30 pm - Call (603) 745-9333 0r (603) 745-6281 ext 5563. All scheduled lessons will need to be paid for at the time of booking. If a community service provider pays for student-athlete's services, an invoice can be sent to the provider. Liability waivers and other necessary paperwork will be provided through an online platform and must be completed prior to the student-athlete's first lesson. A completed <a href="Essential Eligibility">Essential Eligibility</a> must be completed before calling to make lesson reservations.

#### Where will I meet my coach?

All summer programs will meet at a predetermined outdoor area. Proper safety measures, social distancing and protective gear will be provided. There will be minimal contact and time spent indoors. If a student-athlete cannot participate for the duration of their lesson, a parent/guardian/caregiver may be called to pick them up before the lesson is scheduled to end.

### Will I be able to store my personal gear in the Harney Center or Bretton Woods Office during my lesson?

After consulting with the infectious disease specialist and given the challenge of maintaining and monitoring social distancing and building capacity, there will be no storage of equipment or personal gear for student-athletes in the Harney Center and the NEDS Bretton Woods office.