To be eligible to participate in New England Disabled Sports programming, an individual must:

- Have a permanent, disabling condition.
- Have previously participated in New England Disabled Sports Winter Sports program in the sport they are requesting a lesson since December 1, 2014.
- Be able to actively participate in a lesson and understand that they are engaging in the specific sport lesson/clinic with NEDS.
- Have a parent/guardian/caregiver who can provide supervision during non-lessons times, if necessary.
- Have a parent/guardian/caregiver who can provide supervision or assistance, if needed, to perform personal care during scheduled lesson times including to administer all necessary medications that are scheduled to be taken during lesson times or need to be administered in the event of a seizure and/or any other medical condition that requires immediate administration of medication.
- Be able to breathe independently, without any assistance from medical devices and/or trained professionals.
- Be able to participate in the lesson without the use of an oxygen tank.
- Be able to follow directions independently or with the assistance of a caregiver.
- Must be able to assist themselves in getting up from the snow or the ability to learn how to when using self-arresting equipment independently.
- Be able to wear properly fitting, industry standard, safety equipment.
- Weight does not exceed 200lbs. if utilizing sit down equipment on non-surface lifts.
- If weight exceeds 200lbs, the participant understands and accepts that they will be restricted to surface lifts for the safety of yourself and the New England Disabled Sports instructors.
- Properly fit into equipment.
- Personal equipment must be in good working order and approved by a New England Disabled Sports Staff member. All personal equipment utilized in a New England Disabled Sports lesson is subject to organizational policies.
- Be able to provide and wear a properly fitting, approved, face mask and any other required PPE per the State of NH and CDC guidelines when inside the NEDS building and during the duration of the lesson. Please review recommendations HERE. Fleece neck gaiters, cloth neckies or bandanas will not be accepted as a face covering. A fleece neck gaiter or cloth neckie can be used for warmth over a face mask.
- Be willing and able to complete a Daily Wellness Questionnaire and temperature check upon arrival for scheduled lesson.
- Be willing and able to abide by all safety precautions including social distancing requirements and regular sanitation habits.
- Be symptom-free of Coronavirus/COVID-19 for a minimum of two weeks prior to participate in NEDS programming.
- Agree to notify NEDS staff prior to arriving at NEDS if feeling any symptoms of or have been exposed to COVID-19 and unable to attend their scheduled lesson time.
● If participating from out of the state of NH the participant meets all the necessary requirements for travel to and the participation in a NEDS lesson. Please review the State of NH guidelines [HERE](#).

● Understands that to take part in a New England Disabled Sports lesson is at their own risk and due to the potential for an increased exposure to COVID-19.

● Agrees to discuss their participation in winter sports lessons at New England Disabled Sports with their primary physician and receives recommendation to participate.

Based on the unique nature of each participant, New England Disabled Sports and its’ host sites may adopt appropriate policies and procedures in order to allow participation.

The nature of the environment that our programs are held in is remote. Individuals and families must be comfortable with being out of direct contact with medical personnel while engaging in lessons.

Any recommendations for equipment needs or wants will be considered based on the participants’ disability and safety. In the interest of safety, New England Disabled Sports staff reserves the right to make the decision on the appropriate equipment for each participant.

**ACKNOWLEDGEMENT**

I certify that the information provided in this form is true and the participant meets New England Disabled Sports Program Requirements.

<table>
<thead>
<tr>
<th>Printed Name:</th>
<th>Date:</th>
</tr>
</thead>
</table>

Signature:

If the participant is under 18 or legally incapacitated, this section must also be completed:

<table>
<thead>
<tr>
<th>Parent/ Legal Guardian Printed Name:</th>
<th>Date:</th>
</tr>
</thead>
</table>

Parent/Legal Guardian Signature:

<table>
<thead>
<tr>
<th>Relationship:</th>
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