

## **New England Disabled Sports**

### **Pre-Adaptive Coach Volunteer Ski/Snowboard Instructor (ages 16-17) Job Description 2022-2023**

New England Disabled Sports is a 501(c)(3) non-profit organization located at Loon and Bretton Woods, NH. Our Pre-Adaptive Coach program provides training and observation time for individuals ages 16-17 who are interested in working with individuals with disabilities in a safe, fun, and nurturing learning environment. A primary function of being a PAC volunteer with NEDS is to ensure that each participant receives a high-quality snow-sports experience.

#### **Major Tasks and Responsibilities**

- In conjunction with adult coaches, help create a basic lesson plan matched to each student's ability and goals
- Communicate instructions to students during a lesson, including but not limited to directives, technique, and feedback
- Assist adult coach to complete progress notes following each lesson as explained during training and outlined in the Volunteer Handbook
- Follow all safety/risk management protocols while providing a caring and fun environment for participants, other volunteers, and staff
- Create a nurturing, positive and professional environment while promoting and adhering to all program policies and procedures as listed in the Volunteer Handbook
- Be a positive representative and promoter of New England Disabled Sports programs, events, and activities
- Commit to continuing training and education in order to provide high-quality lessons
- Communicate clearly, honestly, and respectfully with all staff, participants, parents, and volunteers
- Attend, engage in and complete required trainings
- Adhere to New England Disabled Sports mission and guiding principles
- Serve as an ambassador for New England Disabled Sports and its supporters
- Assist with New England Disabled Sports events and fundraising efforts as needed
- Adhere to Loon Mountain and Bretton Woods Employee Handbooks
- Agree to assist with any type of lesson that is necessary, and that you are trained in, in order to get participant's outdoors.
- Other duties as specified.

#### **Required Knowledge and Qualifications**

- Independent, intermediate skiing/riding skills
- Passion for working with individuals living with a disability
- Commitment to a positive, fun, and team-oriented working environment
- Successful completion of a background check
- Demonstrated history of responsibility, dependability, and maturity
- Ability to be flexible, creative, and adaptable to diverse situations and circumstances
- Pass required safety checks
- Excellent communication skills: Proficient at speaking, reading and writing English
- Obtain clearance from your primary physician for participation in skiing and/or snowboarding and instruction
- Ability to consistently lift, carry, and load equipment and/or students that weigh 50 plus pounds
- Must supply own equipment
- Must have reliable transportation

### **Other Specifications**

- I agree to notify NEDS staff prior to arriving at NEDS if I am feeling any symptoms of or have been exposed to COVID-19 and am unable to attend my scheduled lesson time.
- I understand that taking part in a New England Disabled Sports lesson is at my own risk due to the potential for increased exposure to COVID-19.
- I agree to discuss my participation in winter sports lessons at New England Disabled Sports with my primary physician and receive a recommendation to participate.

I agree to adhere to all of the above-listed responsibilities, policies, and procedures as a Pre-Adaptive Coach Volunteer with New England Disabled Sports. I understand that if I am unable to do so that I may be dismissed as an Adaptive Ski/Snowboard volunteer with New England Disabled Sports.

I have agreed to work as a volunteer for New England Disabled Sports and do so of my own free will. As a volunteer, I am not an employee or agent of New England Disabled Sports. I understand this role does not include compensation or payment of any kind. Furthermore, I acknowledge that NEDS does not offer health insurance, workers' compensation insurance, or any such employee benefit to volunteers. As a volunteer, I agree to maintain my own health insurance during my time as a volunteer for NEDS.