## **New England Disabled Sports**

## Ski and Snowboard Essential Eligibility 2022-2023

To be eligible to participate in New England Disabled Winter Sports programming, an individual must:

- Have a permanent, disabling condition.
- Be at least 4 years of age.
- To participate in NEDS programming, full vaccination **is preferred** for all athletes who are eligible to receive a COVID-19 vaccination.
- Be able to actively participate in a lesson and understand that they are engaging in the specific sport lesson/clinic with NEDS.
- Have a parent/guardian/caregiver who can provide supervision during non-lesson times, if necessary.
- If assistance is needed in the form of supervision, personal care, medication administration, or behaviors that the NEDS staff deems unsafe, a parent/guardian/caregiver must be available for the duration of the lesson. In addition, IF the medication administration needs to happen immediately, a parent/guardian/caregiver must be on the lesson with the athlete.
- Be able to breathe independently, without any assistance from medical devices and/or trained professionals.
- Be able to participate in the lesson without the use of an oxygen tank.
- Be able to follow directions independently or with the assistance of a caregiver.
- Be able to assist themselves in getting up from the snow or have the ability to learn how to when using self-arresting equipment independently.
- Be able to wear properly fitting, industry standard, safety equipment.
- Weight does not exceed 200lbs if utilizing sit-down equipment on non-surface lifts.
- If weight exceeds 200lbs, the participant understands and accepts that they will be restricted to surface lifts for the safety of "themselves" or "the participant" and the New England Disabled Sports instructors.
- If weight exceeds 200lbs, but the participant can load the chairlift independently as well as get up from a fall, the participant can ski off non-surface lifts.
- Be able to fit into equipment Properly.
- Personal equipment must be in good working order and approved by a New England Disabled Sports Staff
  member. All personal equipment utilized in a New England Disabled Sports lesson is subject to
  organizational policies.
- Agree to notify NEDS staff prior to arriving at NEDS if feeling unwell and unable to attend their scheduled lesson time.
- Understand that taking part in a New England Disabled Sports lesson is at their own risk due to the potential for increased exposure to COVID-19.
- Agree to discuss their participation in winter sports lessons at New England Disabled Sports with their primary physician and receives a recommendation to participate.

Based on the unique nature of each participant, New England Disabled Sports and its' host sites may adopt appropriate policies and procedures in order to allow participation.

The nature of the environment that our programs are held in is remote. Individuals and families must be comfortable with being out of direct contact with medical personnel while engaging in lessons.

Any recommendations for equipment needs or wants will be considered based on the participants' disability and safety. In the interest of safety, New England Disabled Sports staff reserves the right to make the decision on the appropriate equipment for each participant.

I certify that the information provided in this form is true and the participant meets New England Disabled Sports Program Requirements.