

What's Inside

LETTER FROM THE PRESIDENT
WHO WE SERVE 2
HOW WE SERVE 3
JB'S INSPIRATION 4-5
OUR NATIONAL IMPACT6-7
CRITICAL MILESTONES8
WINTER ADAPTIVE SPORTS PROGRAM9
SUMMER ADAPTIVE SPORTS PROGRAM 10
INTERNSHIP PROGRAMS11
SCHOLARSHIP PROGRAMS12
FINANCIAL HIGHLIGHTS
OUR VOLUNTEERS14
2022-2023 DONOR LIST
NEDS FOUNDATION
SPECIAL EVENTS
COACH FOR A DAY 20
LOOKING FORWARD

MAKING A DIFFERENCE

New England Disabled Sports (NEDS) is a nationally recognized program, providing year-round adaptive sports instruction to individuals living with physical and/or cognitive disabilities.

As a not-for-profit organization, the effectiveness of NEDS adaptive sports programs relies fully on generous donor contributions and grants, the critical backing of Loon and Bretton Woods Ski Resorts; the commitment of over 200 volunteer coaches; and our dedicated employees. Through your collective support, we can serve close to 600 students with disabilities each year in their pursuit of sporting goals and fulfilling experiences.

We thank you all for the dedication, passion, and contributions that help us achieve our mission to enhance lives, affected by disabilities, through sports and recreation.



STAFF

Terry, MacDonald, Managing Director
Jason Lafontaine, Program Manager
Delia Sullivan, Office Coordinator
Kurtis Pierret, Sports Coordinator
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Jay Scambio, Ex Officio, Boyne Resorts

GRANT COMMITTEE

We extend sincere thanks to our Volunteer Grant Committee, whose skills and work on grant submissions have led to an average of six proposals annually, yielding a success rate of 3 or 4 grants each year. Their dedication is vital to sustaining our adaptive programs and enabling outreach to individuals with disabilities. Their commitment creates enduring impact, nurturing a culture of inclusion. Grateful for their invaluable contributions, the committee continually seeks new grant opportunities, ensuring the ongoing success and growth of our program. Sarah Everhart-Skeels Kurtis Johnson Claudine DeJoie-Stanton Courtney Holub

THANK YOU

Jason Lafontaine

Our gratitude to our talented photographers, Ken Watson and Steve Glad, who have enriched this annual report with their generous and plentiful contributions of photos. We are truly thankful for their time and skills.

Harney Family 2011 **Building Dedication**



Dear NEDS Community,

As we reflect on 36 years as an adaptive sports organization, it brings me great pleasure to share with you, the first New England Disabled Sports Impact Report, highlighting achievements that have marked our journey in empowering athletes with any disability to discover their potential and achieve new heights.

First and foremost, I want to express my sincere gratitude to our amazing staff, supporters and over 200 volunteers. Your unwavering commitment has been the driving force behind our success. Because of you, we have been able to provide positive, life-changing adaptive sports experiences to individuals with a wide range of disabilities. In three decades of operation, New England Disabled Sports has witnessed significant growth and development. We have expanded our reach, welcoming more participants than ever before.

In 1987 adaptive sports was formalized as a non-profit organization at Loon Mountain with about 10 volunteers and about 30 lessons in its first season. White Mountain Adaptive Ski School would become New England Disabled Sports nearly two decades later, passing 2000 snow sports lessons in 2022-2023.

We have physically grown from 1987 in the concrete locker room under the Loon Gondola barn to a decade in the famous Blue Room of the Governors Lodge to

dedicated Adaptive Sports Centers at Loon Mountain and Bretton Woods, Omni Mt. Washington.

Today our year-round programming is thriving. Our ski and snowboard programs, along with our summer activities such as kayaking, down-hill mountain-biking, golf and cycling, offer athletes not only the joy of physical activity but also a sense of community and belonging. The transformative power of adaptive sports is evident in the smiles, laughter, and camaraderie shared by our athletes and their families, creating lasting memories and fostering a supportive environment.

Thanks to the generosity of our donors, New England Disabled Sports has been able to invest in state-of-the-art adaptive equipment, enhance our facilities, and provide scholarships to ensure that financial barriers do not limit participation. Your contributions have been instrumental in sustaining and advancing our mission.

The Impact Report is an incredible testimonial to the accomplishments of New England Disabled Sports. One of our proudest accomplishments over the last 36 years is the community of family the organization has built. We have been through the happiest and most challenging days together. We have celebrated milestones of athletes

and volunteers alike; we have stood by each other in challenge and loss. This is chosen family for life, we come back year after year for more.

We are excited about the possibilities and opportunities that the future holds. We remain dedicated to our mission of enhancing the lives of individuals with disabilities through adaptive sports, and we are committed to continually improving and expanding our programs to reach even more individuals in need.

I extend my deepest appreciation to you for your continued support of the organization. Together, we are making a meaningful difference in the lives of those we serve, and I am confident that the effect of our efforts will resonate for years to come.

Thank you once again for being an essential part of our journey.

Dr. Jessica Harney

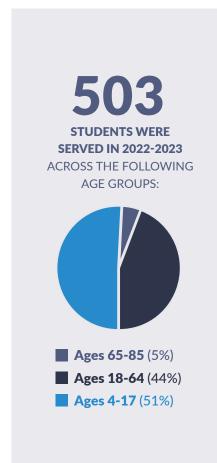
President of New England Disabled Sports







PARTICIPATED IN
BOTH WINTER AND
SUMMER PROGRAMS





"Not only has she become an accomplished skier, but she has gained confidence and independence, which has been huge for us as parents."

-ALEX MATHEWS (parent of Grace)



WINTER PROGRAM 2022/23

LESSONS PROVIDED

HOURS

STAND UP

LESSONS

SIT DOWN LESSONS

VETERAN LESSONS

SKI & SNOWBOARD

LESSONS







SUMMER PROGRAM 2023

LESSONS PROVIDED

HOURS

VETERAN LESSONS

LESSONS

CYCLING LESSONS

PADDLING LESSONS

MOUNTAIN BIKING LESSONS



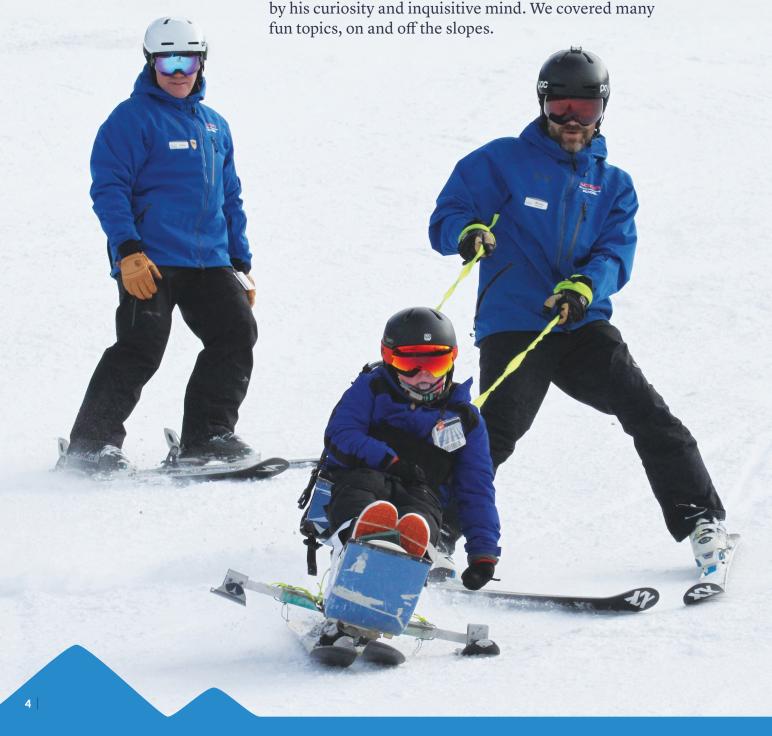
Sign Up for a Lesson



JB'S INSPIRATION "Is Loon as cold as Mars? What will the Pa

"Is Loon as cold as Mars? What will the Patriots do without Brady? Why do you like AC/DC?"

Chairlift rides with JB Harvey were always a treat, fueled



The first time JB skied with NEDS he was barely 4 years old. It was December, 2011 and he was a little boy unsure of what to expect. The coaches, who we still know well, took such good care of JB and his nervous mother. To say that JB loved it was an understatement. For a kid who wanted nothing more than to run fast, play sports, and be like everyone else, skiing was the solution. Unable to speed down the football field as he would have liked, he was able to feel the wind rush by him on the slopes. Where he needed pinch runners in t-ball, here he felt like a full participant. Through skiing he was able to enjoy time with family and friends and be just like everyone else.

Early on JB had a need for speed! His coaches needed to be in top skiing shape. He thrived with the teenage PAC coaches and with coaches that shared his competitive desire to ski as many runs as possible. For years he had different themed duct tape on his mittens so coaches could call out which side to turn to. You could hear coaches yell out "minion" and "spiderman" as he tried to beat his records.

As JB's Duchenne Muscular Dystrophy disease progressed, he became more hesitant. His anxiety would creep in, needing me at the bottom of the hill after each run. Everyone at NEDS was so accommodating and helpful. For most of one winter he was in an intensive outpatient program for his mental health. The only thing that kept his spirits up was knowing we would make the drive north on Friday to ski.

Although JB was ambulatory for his first six years of skiing, we knew his abilities would decline. When he became solely reliant on a power wheelchair, his muscles and back were often hurting. As he started to have a harder time making turns and skiing on bumpy days, he was introduced to a piece of equipment that changed his world, the TetraSki. It came at the perfect time. In the TetraSki, JB was actually skiing, virtually independently. He loved it and he hoped to inspire coaches to teach others with the TetraSki.

Sadly, we lost JB, unexpectedly soon, this past July. He would be so happy to see that there are two TetraSkis at NEDS this winter, so that others can have the best experience, as he did. We can not thank NEDS enough for being a real family for JB for over 10 years. He loved his days skiing, his lift rides where he would ask a million questions, his time hanging out in the blue room, and each relationship he had that came from NEDS.



"JB was a passionate and competitive skier. We decided once to "break the record" for most runs in a day. I vividly recall unloading and preparing the tethers as JB implored us to hurry up! His focus and stamina were the embodiment of his spirit—always a competitor, challenging himself and others to push their boundaries. We did break the record! 20 runs, 21 miles, and 22,500 vertical feet.

Helping JB enjoy the thrill of the mountains meant embracing empathy. JB wasn't shy. When his rosy cheeks were chilly, he told us and we adjusted his facemask. When his hands got cold, we got hand warmers. If bumps were too much, we avoided them. If he got anxious about anything, we reassured him that we had him, safe and secure. We always had JB's enjoyment, safety, and his desire to be challenged, at the heart of each lesson.

NEDS may have changed JB's life for the better, but he changed ours too. He undoubtedly made me a better coach and, more importantly, a better person. Thank you, JB, for being a part of our lives."

-BRUCE BOOTH, NEDS ADAPTIVE SKI COACH

Our National Impact

TetraSki Collaboration with the University of Utah & TRAILS

In 2020, NEDS acquired our first TetraSki for winter sports programming. We are delighted to announce the acquisition of a second TetraSki for the upcoming 2023/24 ski season. The addition of another ski will enable more students to experience the freedom of skiing. The TetraSki stands as the world's only independent alpine ski designed for athletes with complex physical injury or illness, emphasizing safety, performance, and independence.



The Hartford Ski Spectacular, Breckenridge CO

For 30+ years, NEDS coaches have been pivotal at Breckenridge's Ski Spectacular hosted by Move United. They dedicate a full week to teaching skiing techniques to individuals with disabilities, gaining recognition for their expertise. They lead intensive lessons and mentor interns/volunteers nationwide. Top level NEDS coaches often lead PSIA training clinics, ranking among the nation's best clinicians.



Move United, Maryland

New England Disabled Sports is a chapter of Move United (formerly Disabled Sports USA), and is governed by a Board of Directors, composed of 15 business leaders from all walks of life with a passion for adaptive sports and unparalleled commitment to the organization.

Paralympic Medalists at Loon

The achievements of Paralympic medalists like Chris Young, Tyler Walker, and Laurie Stevens, nurtured under the mentorship of our instructors and PSIA examiners, exemplify the caliber of training provided by our program. Their success underscores our commitment to fostering talent and empowering athletes to reach the pinnacle of their abilities.

US Nationals Host

Our program's distinction in hosting the US Nationals for two consecutive years showcases our organizational prowess and dedication to promoting competitive skiing at a national level. The event has become a beacon of excellence within the adaptive skiing community.

International Paralympic Classifier

Certified International Paralympic Classifiers within our program uphold the integrity of competitive skiing and snowboarding by accurately assessing athletes' impairments. Their medical and technical expertise ensures fair competition and proper classification for Paralympic skiing events, fostering a level playing field for all athletes.

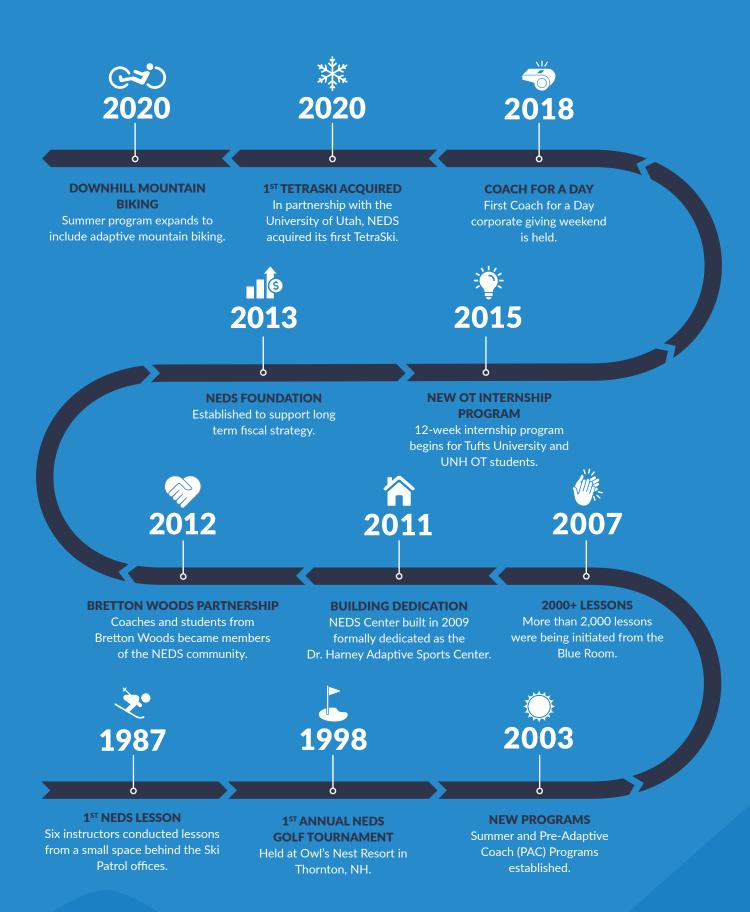
Past DSUSA Board Members

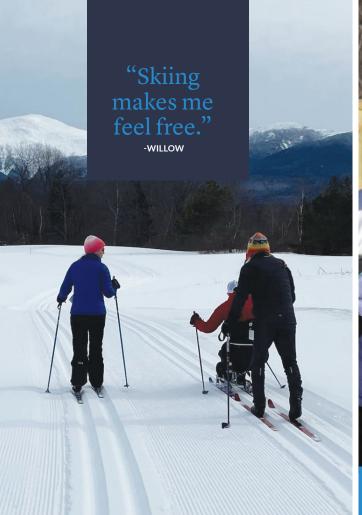
NEDS leaders proudly contributed to the governance of adaptive sports through the esteemed presence of board members at Disabled Sports USA (DSUSA), now Move United. Their expertise and dedication shaped national policies and initiatives, ensuring that adaptive skiing continued to flourish and reach new heights.

PSIA Examiners

NEDS takes great pride in the expertise of our esteemed PSIA examiners. With their wealth of ski technical knowledge and experience, they play pivotal roles in shaping the standards of ski instruction. Their knowledge ensures that NEDS ski and snowboard instructors are among the best in the industry, providing participants with top-notch guidance and support.

Critical Milestones







Adaptive Winter Sports Program



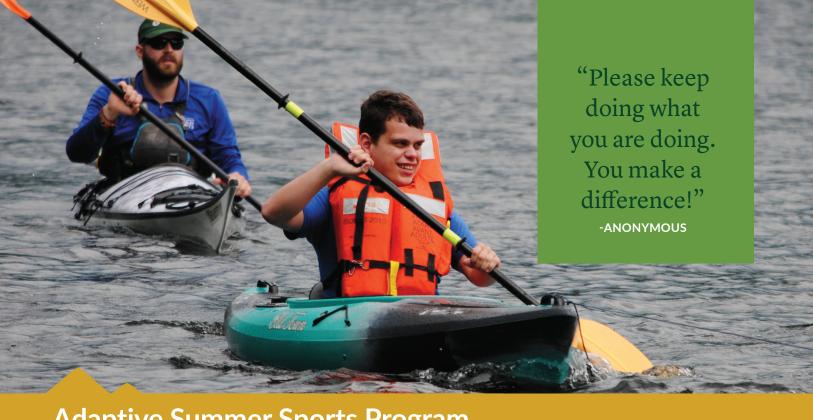


Thanks to our valuable partnerships with Loon Mountain and Bretton Woods ski resorts, our adaptive winter program launched the ski season, allowing our student athletes to enjoy the White Mountains' slopes, guided by our experienced volunteer coaches.

Through generous financial contributions and grants, we've expanded our adaptive ski and snow sports equipment inventory to serve a wide range of cognitive and physical needs. Notably, acquiring TetraSkis, advanced adaptive sit skis, has empowered individuals with complex disabilities to ski with higher degrees of performance and independence.

The unwavering support of our donors and volunteers sustains our mission, enabling us to offer transformative adaptive snow sports experiences to our community of student athletes with disabilities.

Learn More



Adaptive Summer Sports Program



During the summer, NEDS provided a diverse array of adaptive sporting activities tailored for individuals with disabilities. These activities included weekly golf outings at nearby White Mountain region courses, adaptive cycling, exhilarating downhill mountain biking, paddleboarding, and engaging in pickleball.

Our student athletes had the opportunity to immerse themselves in a variety of adaptive sports amidst the picturesque surroundings. Our committed coaches played an instrumental role in instructing and guiding students, enabling them to achieve their objectives and embrace the pleasures of outdoor pursuits.







Internship Programs



Pre-Adaptive Coach (PAC) Program

Our Pre-Adaptive Coach Program (PAC), established two decades ago by Fred Law, supports teenage skiers and snowboarders who are passionate about helping individuals with disabilities enjoy snow sports.

Over the years, the program has nurtured a new generation of adaptive adult coaches that continue to volunteer at NEDS.

Under the guidance of seasoned coaches, our junior volunteers acquire practical experience in adaptive ski techniques. Their contributions significantly enhance the ski lessons, particularly for young students with disabilities, nurturing not only skills but also valuable friendships.. Each season, a group of well-rounded teens are selected through a competitive interview process to join the PAC Program.

Apply to be a PAC Coach



Occupational Therapy (OT) Internship Program

This program invites bachelor's degree graduates pursuing occupational therapy master's or doctoral degrees to commit to a 12-week internship in our winter or summer programs.

Interns fulfilling their fieldwork requirements and/ or those pursuing doctoral experience components gain invaluable insights into physical, cognitive, and psychosocial needs of students with disabilities while becoming proficient with adaptive techniques.

Our NH-licensed OTs, Rina Drake, Janet Brooks, and Mary O'Donnell deliver the professional daily supervision that is essential for the interns to fulfill their fieldwork requirements. Their deep commitment combined with the professional support of other professional NEDS volunteers provide the backbone of this program's success. This unique internship program has thrived since its inception in 2015, facilitating intern involvement in an impressive 3,640 lessons.



Scholarship Programs

Scholarships are instrumental in promoting the awareness of adaptive sports and the inclusion of new students and their families in our programs. Generous donations enable this participation, with funds going towards expenses such as overnight accommodation, rental equipment, lessons, and ski passes. This is a much valued opportunity for families who have a member with disabilities to enjoy a safe and supportive environment for adaptive snow sports with NEDS.

Reach Out to Us

JB'S KEYS TO DMD

After receiving a diagnosis of Duchenne Muscular Dystrophy (DMD) for JB, the Harvey family vowed to make a difference for boys living with DMD and their families. *JB's Keys to DMD* was founded with the mission to enhance the lives of boys with DMD by raising funds for care, quality of life, and research. So far, they've raised over \$4 million. Each winter, JB's Keys offers an adaptive skiing scholarship for boys living with DMD and their families.

BRAIT SCHOLARSHIP

Thanks to generous donations from Brait Builders, NEDS was able to create winter programming called W.I.N.G.S. - Weekend Instruction at NEDS to Grow on the Snow! This scholarship helps support individuals with Autism Spectrum Disorder (ASD) in adaptive sports. Bob and Michele Brait allocated funds to establish scholarships for those living with ASD and their families. Our volunteer coach, Jack Daly, is the ambassador for this program and coordinates the scholarship at NEDS.

SPORTS FOR LIFE

Sports for Life aims to promote adaptive sports opportunities for New England residents with disabilities to engage in snow sports. It introduces participants of all ages with any physical or developmental disability to various levels of adaptive sports, from beginners to potential Olympians. The scholarship funds, donated in memory of Herb Katz, help immerse first-time winter participants with NEDS in an adaptive sporting experience.

HOCKEY FIGHTS MS

Founded in 2005 by Candice Arnold, Hockey Fights MS is a unique organization whose mission is to raise money for research into the cause, cure, and treatment of multiple sclerosis (MS) and to help improve the lives of those living with MS by supporting local rehabilitation centers. Hockey Fights MS supports NEDS each year with a donation that supports students with MS partaking in our adaptive winter and summer sports programs.

SPINAL CORD INJURY (SCI) SCHOLARSHIP

Thanks to a fantastic anonymous grant we're able to offer sports lessons for all SCI levels at no cost. If you or someone you know has a spinal cord injury reach out to our programming team to learn more.

Financial Highlights

NEDS works hard to maintain a financial position that allows us to sustain our growth and fulfill our mission. Committed volunteers, prudent expense management, generous scholarships, awarded grants, and strong fundraising efforts contribute to a solid financial position.

OPERATING REVENUE: \$1.2 M



OPERATING EXPENSES: \$1.13 M



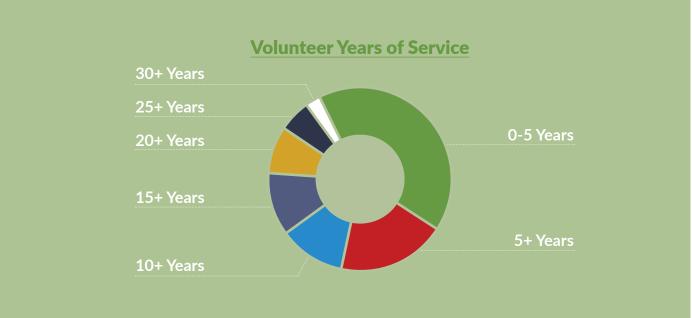
Our Volunteers

We take great pride in shining a spotlight on the incredible commitment of over 200 volunteer adaptive sports coaches who work tirelessly to ensure that student athletes can partake in the joys of adaptive sports.









"The staff has been exceptional during our first three lessons this year. The instructors are kind, energetic and extremely positive. Their spirit and commitment to skiing makes such a positive impact on our son's lives." -GOSHDIGIAN BROTHERS



We rely on many volunteers who generously give their time and talents to NEDS. Our volunteer coaches from winter 2022/23 and summer 2023 are listed below according to the years of service they have given to NEDS. Many other volunteers work tirelessly behind the scenes supporting different aspects of our operation. Thank you to all volunteers past, present and future for your extraordinary service and long term contributions of time, energy, and talent.

30+ YEARS

Andrea Harney David Clemence-Schreiner Diane Clemence-Schreiner Kari Christiansen Terry Giove

25+ YEARS

Bonnie Marsan Dave Micalizzi David Blenkhorn Don Powers Hans Herzog Jack Daly Lonnie Sawyer Peter Keller Rene Varrin Rina Drake Tom O'Donnell

20+ YEARS

Beth Conner Brian Holub Brian Skeels Claudine Dejoie-Stanton Dan Greer Fred Law Jr. Hal Sandstrom Jerry Lavoie John Callamaro Joseph Hill Karen Fair Mark O'Donnell Mia Jacobsen Nancy Dorrans Peter Valotto Sarah Skeels Steven Glad

15+ YEARS

Andrew Cummings Bob Brait Carolyn Ford Cathal McGloin Charlene Fallon Donna Callamaro Ed Meltzer Elle Hotchkiss Harrison Keyes Jacquelyn Cantwell Janet Brooks Ken Asai

Louise Cummings Michael Flynn Mike Drake Mike McCabe Sally Waterhouse Shaun Bogan Stephanie Sullivan Steve Picardo Susan Ross Wynne Freed

10+ YEARS Arthur Remillard

Brian Harrington

Bob Davis

Cameron Shaw-Doran Chris Baylow Curt Stevenson Hannah Drake Jerry Nightingale John Ross Kaitlyn Smith Kellie Rowell Kevin Holub Kevin Sullivan Kim Perry Kurt Christensen Lisa Viveiros Margie Gozdiff Melisa Myles Mike Cummings Peter Rowell Rorv McGloin Sally Elshout Vance Perry

5+ YEARS

Alan Lambert Ashley Booth Bill Madden **Bob Mulhall** Bruce Booth Bruce Green Charles Petalas Charlotte Wise Christian Wise David LaBrie Delia Sullivan Dominic Janssens Emma Montgomery Erick Grimes Heather Rowell Holger Noreke Imad Khan Jacquelyn Shaw Joe Scully

John Sullivan Jonathan Matthews Kurtis Johnson Liz Potter Mary O'Donnell Michael Hamori Michele Brait Nicholas Conner Peter Dixon Robert Tozier Sally Petalas Sandra Imbrogna Scott James Sonya Hamori Stephen Burchett Suzanne Rappaport Tim Rice Tim Watson Victoria Shopland

1-5 YEARS Alex Karis

Allison Bloom

Amy Jackson Anissa Noreke Anthony Arcone Blake Dagesse Blake Greene Blake Rose Bo Jackson Bob Hoaglund Breanna Kunkel Brian Denenberg Brian Hewitt Camryn Monfort Catie Silvestri Chloe Witt Cindy Palfrey Clinton Parrish Daniel Dunn Daniel Karambelas Danny Halloran Daria Casazza David Corbett David Hart Dianne Angwin Donna Green Eileen Conley Elly Skeels Emma Sufariu Erin Kunkler Eva Greene Gabe Silverman Grace Coughlin Greg Reynolds Hannah Okonsky



Melissa Devine Michael Margarcei Mio Kerr Nate Clancy Nicholas Armstrong Paige Doherty Phoebe Hamori Preston Carbone Rebecca McNulty Rex Cinelli Richard Feenev Richard Pierce Robin Palfrey Rodnev Kidder Ryan Noreke Shields Day Sloane French Sophie Gustafson Susan Madden Thomas Ravenelle Tyler Conner Victoria Clancy Wendy Katsekas





Donors

Extraordinary giving calls for extraordinary recognition. We thank the following donors for their generosity and support for our mission.

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NEDS Foundation

The goal of the NEDS Foundation (NEDSF) is to raise enough principal to generate financial support to assure the annual and long-term financial sustainability of New **England Disabled Sports.**

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Special Events

NEDS special events this year included our 25th annual Golf Tournament at Owl's Nest Resort, the Coach for a Day corporate offsite program, our annual Winter Challenge event, and Peer-to-Peer fundraising, all of which witnessed increased participation and contributions.

We would like to extend our thanks to all our sponsors, donors, participants and in-kind contributors that help make these annual events successful. We are also delighted to receive support for our new NEDS jackets from sponsors Empower and the Cindie Davis Holub Foundation.

How to Donate







Coach For A Day

Coach for a Day (C4AD) is a two-day offsite experience designed for companies to recognize and reward executives and high-value employees. This immersive weekend serves as both a team-building activity and an opportunity for experiential learning. Participants gain insight into the NEDS mission, develop a deeper understanding of the diverse disabilities our student athletes face, and have the privilege of shadowing a coaching session.

The program accommodates groups of up to 12 individuals and can be fully customized to align with your corporate objectives and preferences. As a sponsor of "Coach for a Day" your company can make a meaningful impact on our program and the lives of those we serve. Join us for this unique journey that combines personal development, team bonding, and giving.



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Our volunteers and coaches give not only their time, but they and their families are the backbone of our annual fundraising efforts. We thank them for helping us sustain this

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WINTER CHALLENGE

wonderful program.

A Shared Future of Growth & Possibilities

As we look towards the horizon, the future of New England Disabled Sports is bright and promising. We look forward to expanding our program and community in the years ahead. The exciting development plans for Loon Mountain and Bretton Woods mirrors our ambition to broaden the range and number of winter and summer adaptive sports we offer. Our staff, coaches, volunteers, athletes, and their families form the heartbeat of this journey, each bringing their unique strengths and talents to create a tapestry rich in diversity and resilience. As we venture into new terrains, we see a world of possibilities unfolding—a world where boundaries continue to be broken and every challenge is an opportunity for triumph.

Our donors, the silent yet powerful force behind our endeavors, play a crucial role in this journey of growth and exploration. Your unwavering support fuels our vision, enabling us to reach further and touch more lives. Together, we are not just a community but a family bound by a shared passion for uplifting lives through the transformative power of sport. Our collective efforts have created a foundation strong enough to support the dreams and aspirations of countless individuals. Let us stride forward with the same spirit of determination and unity that has brought us this far, confident in the knowledge that our shared future is one filled with limitless potential and enduring impact. Thank you for being an integral part of our journey.



