



Pre-Adaptive Coach Job Description 2025-2026

Volunteer Ski/Snowboard Instructor (ages 14-15)

New England Disabled Sports is a 501(c)(3) non-profit organization located at Loon and Bretton Woods, NH. Our Pre-Adaptive Coach program provides training and observation time for individuals ages 14-15 who are interested in working with individuals with disabilities in a safe, fun, and nurturing learning environment. A primary function of being a PAC volunteer with NEDS is to ensure that each participant receives a high-quality snow-sports experience.

Major Tasks and Responsibilities

- Social interaction with students
- Ability to carry equipment that may weigh over 50 lbs with good form
- Must have reliable transportation
- In conjunction with an adult coach, create a basic lesson plan matched to each student's ability and goals
- Must assist in conjunction with the head coach in the completion of progress notes
- Must be a positive representative and promoter of New England Disabled Sports programs, events, and activities
- Adhere to all program policies as outlined in the Volunteer Handbook
- Adhere to Code of Conduct (See *Code of Conduct*)
- Attend, engage in and complete required training
- Assist with New England Disabled Sports events and fundraising efforts as needed
- Adhere to Loon Mountain and Bretton Woods Employee Handbooks
- Other duties as specified

Required Knowledge and Qualifications

- Independent, intermediate skiing and riding skills
- Passion for working with individuals living with a disability
- Ability to be flexible, creative, and adaptable to diverse situations and circumstances
- Pass required safety checks for binding and skis
- Demonstrates insight into on and off hill safety for self
- Demonstrates interest in service to the community
- Demonstrates interest in continued learning
- Demonstrates leadership skills that include but are not limited to time management skills, conflict resolution, being a good role model, self-directed learning
- Must have reliable transportation
- Must supply own equipment
- Must have completed waivers with parent/guardian

Other Specifications

- Able to commit to the minimum required number of volunteer days (18 full days / 36 two hour lessons)
- Be willing and able to abide by all safety precautions.
- Agrees to discuss their participation in winter sports lessons at New England Disabled Sports with their primary physician and receives recommendation to participate.

I understand that until I'm the age of 16 and with approval from a NEDS staff member, I will be unable to physically help athletes, and can only help with verbal instruction on a lesson.

I agree to adhere to the responsibilities listed above as a PAC volunteer (ages 14-15) with New England Disabled Sports. I understand that if I am unable to do so that I may be dismissed as a PAC Member with New England Disabled Sports.

I have agreed to work as a PAC volunteer for New England Disabled Sports and do so of my own free will. As a PAC volunteer, I am not an employee or agent of New England Disabled Sports. I understand this role does not include compensation or payment of any kind. Furthermore, I acknowledge that NEDS does not offer health insurance, workers' compensation insurance, or any such employee benefit to PAC volunteers. As a PAC volunteer, I agree to maintain my own health insurance during my time as a volunteer for NEDS.